



A Year in the Life of the RV Inclusion Hub - September 2017 to July 2018

Educational Psychologist Project

After a successful trial project we have been able to use county project funding to commission an Educational Psychologist to provide bespoke support to schools, training for staff and some work with parents. We have built on this project and extended it further during 2017 - 2018.

Alex Boys, the educational psychologist commissioned to take on the work, describes her work with schools below:

My work with the schools has been varied as always to include the delivery of PATHs sessions, individual pupil consultations, individual pupil assessments, class dynamics explorations, parent workshops and training for staff.

The 'Growth Mind-set' and 'Emotional Literacy' training sessions delivered centrally at Easebourne have been attended by staff from schools across the Rother Valley. Other training has included supporting differentiation for pupils with dyslexia and dyscalculia (based on the needs arising through the planning discussions held with schools in the autumn term). The final session was based on discussion at the SENCo Forum. Many thanks to Easebourne for providing the central venue!

The SEMH carousel training has been well attended. By grouping the schools geographically then running the same session three times in one day for each of the three groups, many staff were enabled to attend. This was an introduction to considering SEMH and included information on the Government's recent green paper 'Transforming children and young people's mental health and wellbeing' as well as data from the Locality collected via the SEMH questionnaire sent out in the autumn term to provide a local and governmental context. Many thanks to everyone who volunteered to host for their group and in particular to Easebourne, Petworth and Harting for providing the venues!

It has, as always, been a privilege to work with the schools again this year and I would like to take this opportunity to thank everyone for their continued engagement.

The feedback has been very positive and includes comments such as "great balance of practical and listening activities", "very clear and focused, especially good on what areas you can change and behaviours to employ" and "clear and entertaining presentation of the information".

Learning Mentors

The learning Mentor group continue to meet each term. We started off this academic year in September by meeting to put the final touches to our display ready for the RV INSET day on 20 October. During this INSET day, some of the learning mentors manned our display, just to spread the word to teachers and other TAs about what a Learning Mentor can do to support children with social and emotional barriers to learning. This was successful and we have as a result picked up three new members of our group who are not formally qualified but want to work in school to support children in a similar role to Learning Mentors. In November we met with Alex Boys who we are lucky enough to have time to work with again this year. We agreed three training sessions with her for the rest of the year. In February we met to look at strategies to improve attitude to learning. Our remaining sessions were focussed on anger management and managing friendship issues.

Sally Dreckmann Headteacher Stedham Primary School

Social Emotional and Mental Health Project

The Rother Valley Inclusion hub is delighted to be leading on West Sussex's SEND Partnership Board Project 3 focused on SEMH and Behaviour. The work is focussed on identifying and sharing good practice examples of individual and whole school approaches that are used to ensure children's social emotional and mental health needs are met. In doing so, this avoids unmet needs being presented as challenging behaviour in school. The work being undertaken this term will be able to recommend to colleagues some of the key things that staff and schools could consider when developing their own school behaviour policies, practices and provision.

Fourteen schools from across West Sussex have signed up to the summer term project including seven Rother Valley Schools. Representation from schools from outside of the Rother Valley including urban, secondary, special schools and the expertise drawn from The Novio Inclusion Hub add real depth to the quality of work being undertaken. By the end of July, the project participants will have produced a series of case studies ready to share county wide. The way these case studies are being developed provides

good CPD for colleagues involved themselves. This is because a methodology using an "Action Learning Sets" Approach enables colleagues to experience and learn from being coached through this approach to help develop the case study material. The work is being coordinated by the Rother Valley Inclusion Hub Coordinator – Julie Burnett Kirk- with good support from Bella Cobby from West Sussex.

The Project 3 Case Studies will be available early in the autumn term. Do look out for them then! Without a doubt, there will be some good practice top tips worth sharing!

Sarah Palmer

Send Partnership Board Project 3 Lead Headteacher



Rother Valley Hub Questionnaire – SEMH

October 2017

1. Please provide information about the number of children in your school who you consider have the following area of need:

Mental Health Problem (** See reference below)	Number of children
a) Emotional difficulties e.g. phobias, anxiety states, depression	72
b) Conduct disorders e.g. defiance, stealing, aggression and anti-social behaviour, ODD	23
c) Hyperkinetic disorders e.g. disturbance of activity and attention (ADD, ADHD)	32
d) Developmental disorders e.g. FAS	3
e) Attachment disorders e.g. children who are markedly distressed or socially impaired as a result of an extremely abnormal pattern of attachment to parents or major care givers	15
f) Other Mental Health problems such as eating disorders, sleep, habit disorders and psychotic disorders	16
g) Other – please describe	

Anna Freud Project

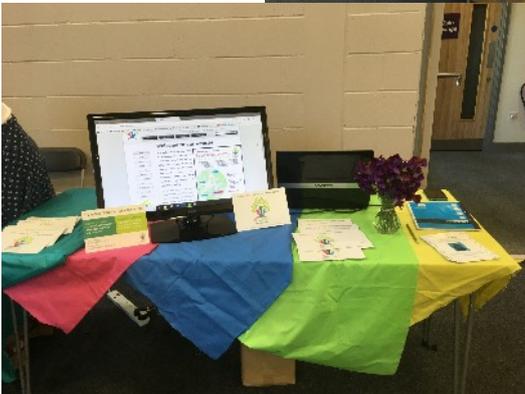
One of our SENDCos has been involved with a new and exciting piece of work. "This programme is a ground-breaking initiative to help Clinical Commissioning Groups (CCGs), other service providers and Local Authorities work together with schools and colleges to provide timely mental health support to children and young people. It works to empower professionals and support staff by brokering contact, sharing expertise and developing a joint vision for children and young peoples' mental health and emotional wellbeing in each locality."

We will hear more about this during 2018-2019 through our SENDCo group and the Locality Conference in October.

A Very Exciting Parent Roadshow!



The RV Hub organised our third Parent Roadshow Event. Over eighteen different services and groups that provide support or information for families gathered at The Grange in Midhurst. Parents, SENDCos and headteachers were able to find out more about the support available for children, young people and their families in our locality. New contacts were made and there was a really exciting energy with the many conversations happening all around the room.



Have you used our website yet?

The Rother Valley Hub website continues to be well used with over 15000 users since we began. Parents and staff feedback have confirmed how useful the website is in providing information as well as signposting to other helpful areas



Parent Support Training Sessions

Reaching Families

Empowering families of children and young people with special educational needs and disabilities

Training Roadshow

Workshops aimed at parents and carers of children with additional needs and/or disabilities

We regret that we cannot accommodate children at the workshops.

Making Sense of Challenging Behaviour (ages 0-11 years)

Thursday 26th April 9.45am - 12.30pm

Easebourne School, Midhurst

Explore ways to respond to your child so that positive behaviour is encouraged and challenging behaviours are reduced.

Booking: Please visit [Eventbrite](#) and search for Reaching Families, or look at our Events page on [facebook](#)

Any queries, please email:

admin@reachingfamilies.org.uk or call

Rosemary: 07704 037664 or Michele: 07470 005734.

FREE WORKSHOPS: Suggested donation £3



www.reachingfamilies.org.uk
Unit 16 Oaklands Business Centre,
64-68 Elm Grove, Worthing, BN11 5LH



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Index 4 Inclusion

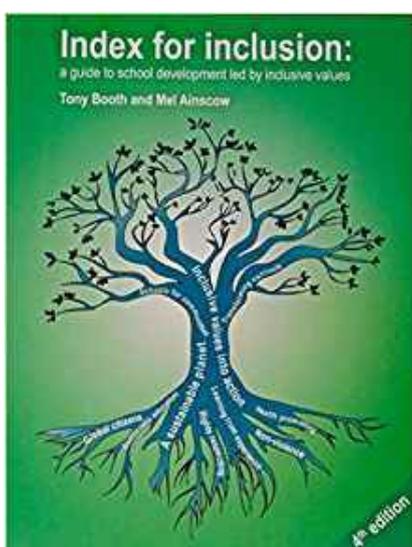
The Index 4 Inclusion project was devised from the 'West Sussex SEND Strategy' and its implementation.

The project aims at assisting schools in analysing how inclusive they are. It was a collaborative model designed for clusters of schools to work together to share good practices about inclusive values that are being acted on, on a daily basis. The model puts inclusive values into action and disconnects actions from excluding values. One of the outcomes from the meeting was a discussion on how we encourage other schools to become more inclusive. I spoke about the great collaboration of the SENCO Forum in the Rother Valley and the opportunity to reach 14 other schools with these daily inclusive values.

So as part of the project I have fed back to the Rother Valley SENCO forum regarding the inclusive values that have been discussed at the Index 4 Inclusion meetings and with support of the Rother Valley SENCO's reflected on best way forward to support our already collaborative working. From the Rother Valley SEMH questionnaire it was identified that in the Rother Valley the most area of need within school was SEMH.

To support SENCO's knowledge in SEMH I secured funding from the project to improve the SENCO's knowledge on trauma informed education. Trauma informed education highlights that stressful life experiences have a significant impact on the mental/physical health of individuals and also impact their integration into society.

Three training sessions have been secured for the Rother Valley from the Index 4 Inclusion project. Development Trauma in the classroom Part One and Part 2 and Development Trauma in the classroom Workshop Rother Valley Inclusion Inset Day October 2018.



Anita Springthorpe SENDCo Midhurst C of E Primary School

www.rvhub.org.uk

A date
for your diary!

Rother Valley Locality INSET day
Friday 19th October 2018

An exciting programme focusing
on Social Emotional Mental
Health and Wellbeing

SEND Governor

I am a Foundation Governor at Rake CE Primary School and am the governor with particular responsibility for SEND matters, the Governing Body having the statutory duty to ensure that the necessary provision is made for any pupil who has



special educational needs. In practice this involves meeting with our SENDCo (whose title is now Inclusion Co-ordinator) formally (at least once a term) and informally (often). She brings me up to date with the current situation in the school and we discuss the relevant data and supporting evidence, review of policies, the school web-site and so on, and any particular problems that have arisen. I also take part in pupil conferencing – interesting and fun! - and regularly listen to children reading, so I hope I am a familiar and friendly face in the school. We sometimes invite parents to a breakfast meeting as soon as they have dropped off their children, a good opportunity for them to talk informally with governors and each other. I see my role as one of both support and challenge, ensuring that the Governors' requirements are being met, and that SEND interests are part of the strategic decision-making of the school. I sometimes report back at Governing Body meetings, as does our INCo. I had no knowledge of SEND before I became a governor and found a training course called 'Introduction To Special Educational Needs For Governors In Mainstream Schools' very useful. All governors have also had Data training sessions. I am a member of the Rother Valley Inclusion Hub Steering Group which has proved to be extremely informative and a real eye-opener to the needs of children and families in our schools. *Sheila Pimm*